

Smartwatch AW9



Instructions manual

Product diagram



1. Power button

2. Charging contact

3. Heart rate sensor

App download

Scan the QR code (Android only) to download and install the FitFly APP



The APP will appear with the following icon:



Connecting the watch

1. Open the app on the cell phone to set up the personal information.
2. Switch to the device page, click on "pair device" (make sure Bluetooth is enabled on the phone and the watch is turned on).
3. Click on your device in the list of available devices.

4. Complete the pairing.

Once the watch has been successfully paired, the watch will automatically connect to the cell phone even if the app is not open, the data can be synchronized by pulling down on the client data page.

Operation guide



From the main screen swipe down to access the short function links, swipe to the side to view your notifications



You can make calls by connecting your phone's Bluetooth to the watch (Note: other functions must be connected to the cell phone through the APP to be used).

Important points to note:

1. If the watch has been connected by another cell phone, please disconnect it on the original cell phone and restore the factory settings again in the watch settings.
2. Please note that the Bluetooth name of the connection match the name that appears when you made the pairing with the APP.
3. Please keep within a range of no more than 5 meters, otherwise the call quality will be affected.

Introduction to watch functions

Sleep

The watch can record and display the total sleep duration and quality duration (deep sleep / light sleep). A more detailed analysis of the information and data records can be viewed in the app.

Heart rate

Slide your finger to the heart rate interface and tap the screen again to start heart rate measurement. More detailed information analysis and data logs can be viewed from the app.

Sport information

The watch can record and display calories burned while walking and daily mileage information. More detailed analysis information and data logs can be viewed from the cell phone.

Blood pressure

Slide your finger to the blood pressure interface and tap the screen again to start the blood pressure measurement. A more detailed analysis of the information and data records can be viewed from the cell phone.

Blood oxygen

Slide your finger to the blood oxygen interface and touch the screen again to start the blood oxygen measurement. A more detailed analysis of the information and data records can be viewed from the cell phone.

Weather information

The weather panel will display the current weather, air quality information and tomorrow's conditions. Weather information can only be obtained after connecting to the app. If the connection is disconnected for a long period of time, the weather information will not be updated. Re-opening the app will automatically retrieve the latest weather information.

Incoming notifications

The watch can receive notification alerts from the cell phone, you will need to enable and authorize all notification and alert permissions on the phone. The message page of the watch can store the last 5 message logs.

Stopwatch

Slide your finger to the stopwatch interface and touch the screen to start recording time. A more detailed analysis of the information and data logs can be viewed on the cell phone.

Other functions

The other functions of the watch include stopwatch, alarm clock, timer, brightness adjustment, factory reset, phone search and other functions.

Smart alarm clock

You can set the alarm clock in the app. You can set up to 3 alarm clocks. When setting the time, the watch will display the alarm clock icon and vibrate.

Calculator

Swipe up to the calculator interface and tap the screen again to start using the calculation.

Playing music

After successfully connecting with the phone's Bluetooth, the watch can play the songs in the phone's playlist via Bluetooth.

Calendar

Slide your finger to the calendar interface and touch the screen again to start using the calendar.

Frequently asked questions and answers

Questions and answers about connecting calls and music player

1. If you need to play and answer calls through the watch, connect the device with bluetooth in the cell phone - settings - bluetooth (if you cannot use it after a period of time due to malfunction, you can also repeat these steps).

2. If you are unable to find the device once the bluetooth switch on the cell phone has been turned on:

a. Please swipe down on the top of the clock (top drop-down menu)-settings-confirm that the phone is "on".

b. If necessary and you still can't find it, please go to clock-settings-return to factory settings, and go back to step 1 to a bluetooth connected device.

3. If the watch connection is moved away from the phone for a long period, in order to achieve low power consumption and increase battery life, the watch will automatically disconnect from the phone will be displayed as "not connected".

4. If it is the case, please pull down the menu - settings - call from the watch, switch the switch once and then turn it on, the watch link will automatically reconnect with the phone.

Click to close the call function, and then click to call again to change the status to "ON" again to re-enter the connection status, the watch will automatically reconnect with the phone

Why is the blood pressure value of the sphygmomanometer different?

The deviation between the value measured by the watch and the sphygmomanometer is determined by many factors. The measuring position of the sphygmomanometer is the brachial artery, and the measuring position of the watch is on the two main branches of the arterioles. Under normal circumstances, the aortic blood pressure measurement and arteriolar blood pressure measurement the value will vary from three to forty; if you use a watch and a sphygmomanometer to measure at the same time, because the blood flowing in the arteries is eccentric, the sphygmomanometer uses the strap below the middle of the elbow to be under pressure, temporarily blood can not flow smoothly to the lower pulsating branch; increased vascular tension, making the upper and lower blood pressure measurements more deviations.

Why can't I take a hot bath with my watch?

The temperature of the bath water is usually relatively high, which produces a lot of water vapor, the molecular radius of water vapor is small, so it is easy to penetrate through the watch case hole. When the temperature cools down, the vapor turns back to liquid, which may cause the watch to short-circuit.

Why can't the watch receive notifications?

Android phone settings:

1. Confirm that the message notification switch is turned on on the cell phone.

2. The watch message alert is done by reading the message in the cell phone notification bar, if there is no message in the cell phone notification bar and the watch does not have the notifications approved, the watch will not be able to receive the message. (You have to find the notification settings in the phone settings and turn on the WeChat/phone/SMS/mobile client notification switch.)

3. Open the accessibility settings of the watch client (Find the accessibility in the phone settings and turn on all the notification icons).